



MAKING THE CONNECTIONS

FIRST UNITARIAN UNIVERSALIST CHURCH OF ESSEX COUNTY

APRIL 2010

FROM DARRELL'S DESK—"ORANGE UNBOUND"

INSIDE THIS ISSUE:

APRIL SUNDAY SERVICES 2

APRIL CALENDAR OF EVENTS 3

SERVICE AUCTION PHOTO GALLERY 4

MARK IT DOWN

- **Friday, April 2nd, Church Seder, 6:30 pm, Parish Hall**
- **Friday, April 16th, Canvas Kick-off Events, More details TBA during April**
- **Thursday, April 21st, Board Meeting, 7:30 pm, Sonen Room**

Sunday, April 25 will be a special Sunday for us. The worship service will be centered on Arts Unbound, the non-profit organization in the Valley that is dedicated to the artistic achievement of youth, adults and seniors with disabilities. We have invited artists, staff and their families to join with us. After worship there will be an exhibit of their art in the Parish Hall.

This is another opportunity to partner with a local organization to show some of the good things that are happening in Orange. Arts Unbound has stu-

dios and a shop in the Valley at 542 Freeman St., which I encourage all of us to visit.

This is a beautiful space, and just the beginning of what this part of town can become.

Perhaps soon we can take an active role in doing for our Main St. area what Valley Arts, which is the larger organization of Arts

Unbound, is doing for the Valley: making it a more attractive, inviting and hospitable space. One thing that can help is attending a workshop sponsored by The Heart of Orange, at the Presbyterian Church on Main St., Saturday, April 10 from 10-4, even if you can attend only part of the day.

One of the projects they are considering is the beautification of Tony Galento Plaza and the Orange train station.



Mural by Jay Hoffman

Another is a public art and garden installation on Scotland Rd. where the day laborers gather early in the morning. This can show everyone that the community cares about these men and that location.

The growth and vibrancy of our church is vitally linked with the rebirth of Orange as a welcoming community where people gather to enjoy life and each other. Please feel free to invite friends and neighbors to these events. Even if they have their won religious affiliations, it helps everyone to get more people to these events, so more people can get the word that Orange is on the move!



One of the new banners identifying the Valley Arts District

APRIL SUNDAY SERVICES

Apr 4 **Letting Go of the Pain**

Rev. Darrell Berger

Musician: Carolyn Warren, Senior Usher: Ann Lang

If Jesus is God, then trying to follow his example is impossible. If he is a man, then his life and the way he faced his death is an example to which we might aspire at many painful intervals in our lives. We need not be martyrs to do so, but we must be willing to let go of our pain.

Apr 11 **Life Without Id**

Rev. Allen Wells

Musician: Bill Stafford, Senior Usher: Greg Giacobe

It's easy to trap ourselves by thinking we are who we were, who we should be and/or who we might become. According to The Buddha, we trap ourselves into thinking we are even a self. We also trap ourselves into believing we are a country, religion, sex, race, etc. Most of our fighting occurs around protecting such imagined identities. In truth we are much more than any of these. What if we could escape our identities and enjoy unbounded living? This being Holocaust Remembrance Day, I would like imagine what this possibility might mean especially for Israelis and Palestinians.

Rev. Allen Wells is currently Director of Allen Wells Counseling in Morristown, N.J. a holistic mind/body, spirit counseling center that specializes in Contemplative or Mindfulness Psychotherapy. He has served as minister of UU congregations in Weymouth, Mass., Hollis Queens and at The First Unitarian Church of Brooklyn as well as Director of Religious Education for the UU Congregation of Monmouth County and the Morristown Unitarian Fellowship. Most recently he completed a four year term as Consultant Minister of The First Unitarian Society of Rockland County, N.Y. Born in Charlottesville, Va., near Monticello, he graduated from the University of Chicago with a degree in counseling, and went on to earn a postgraduate degree in counseling from the Institute of Religion and Health in NYC. He was formerly a therapist of the DiMele Center for Counseling & Psychotherapy in Manhattan, and is currently among a select number of students in an intensive year long Integrated Study Practice Program at the Barre Center for Buddhist Studies in Barre, MA.

Allen's life long interest has been in unifying the internal, personal, psychological world, commonly called "spiritual", and the external political, social, economic, environmental world, – the material world. He defines himself as an earth-centered, Buddhist, UU. You can find him on the picket line or teaching meditation. He acknowledges that he hasn't written any books, because he would rather spend the time ballroom dancing.

Apr 18 **Canvass Sunday. "The Sermon on the Amount"**

Rev. Darrell Berger

Musician: Bil Stafford, Senior Usher: Paul Axel-Lute

If Jesus is God, then feeding multitudes with a few loaves and fishes is not impressive. If he is a man, then this portion of the Sermon on the Mount is about unlocking human empathy and generosity. This is a miracle.

Apr 25 **Arts Unbound."**

Rev. Darrell Berger

Musicians: David Braham, Senior Usher: Howard Heyman

Darrell will devote this worship service to Arts Unbound, located in the Valley in Orange, a non-profit organization dedicated to unleashing the artistic expression of persons living with developmental disabilities, mental illness and physical challenges. Artists, staff and their families are invited. An exhibit of their art will be in the Parish Hall following worship. This will be an excellent Sunday to invite members of the community to visit. To find out more, go to artsunbound.org.

Important Notices—Sunday Services

We ask congregants to please arrive and be seated in the Sanctuary before the listed start time of services. If you arrive late, the usher will let you in at the appropriate time or a sign will be post that you use the rear (Osgood) entrance so as not the disrupt the service in progress. Thank you.

At least half of all unrestricted donations for this period (though June) will be given to the Haitian Pastors Association for Haitian relief. Please note on your check if you want it credited toward your Canvass Pledge. Thank you.

April 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 Coffee Hour Coordinators for April: Frank Barszcz & Natalie Hamilton				1	2 Church Seder, 6:30 pm, Parish Hall	3
4	5	6	7	8	9	10
11	12	13	14	15	16 Canvass Kickoff and Social	17
18	19	20	21 Board Meeting 7:30 pm, Sonen Room	22	23	24
25	26	27	28	29	30	

Service Auction

Scenes From the Red Carpet



Photos by Howard Heyman

We are on the web!

www.essexuu.org

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First Unitarian Universalist Church of Essex County

**WHERE EVERY MIND IS FREE AND
EVERY SOUL IS WELCOME!**

Founded in Orange in 1890 as the First Unitarian Church of Essex County, the congregation has worshipped in the present Sanctuary since its construction in 1892-3. The Church continues the ministry of the Union Universalist Society (also known as the Church of the Redeemer), founded as the First Universalist Society of Newark in 1834.

The Reverend Darrell E. Berger

Frank Barszcz: President

Sandra Langley: Vice-President

Greg Giacobe: Church Administrator

Barrie Peterson: Chaplain

Donna Blaine: Sexton

Nina Barszcz: Newsletter Editor

Office Hours: Mondays 9 AM to 2 PM and
Fridays 1 PM to 6 PM

Minister is available Tuesdays, Wednesday
and Thursdays by appointment. Call church
main line

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